Profile

Who they are

• Describe the person

What are they looking to be/do/have

- Their current situation ٠
- Their desired situation/outcome ٠

Demographics

- Age and generation groups •
- Sex, gender or sexual orientation •
- Geographic location •
- Nationality and/or Race •
- Educational level •
- Occupation / Household income •
- Marital status / Children .
- Homeownership (own or rent) ۲
- Political or Religious affiliate •

Psychographics (Attitudes, Values)

- Social •
 - 0
- Ethical . 0
- Spiritual .
- 0
- Moral 0

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ACHIEVE: What they want (Needs / Desires)

- What they want to be, do or have
- Why? •

AVOID: What they don't want (Fears / Frustrations)

- "What are they Googling in bed at 2 am • unable to sleep"?
- What they want to stop, eliminate or change
- Why? •

Empathy Map

What they SEE

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What they SAY

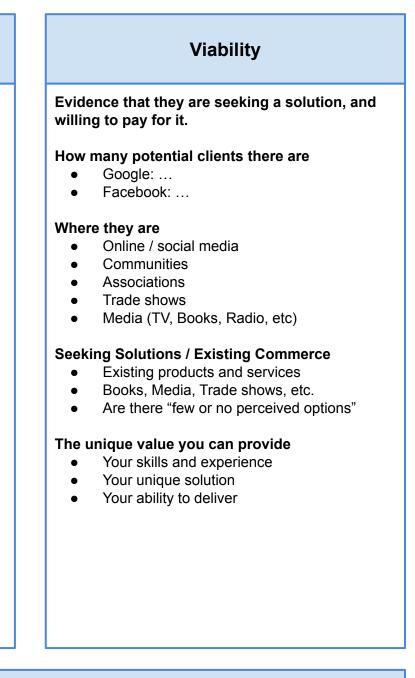
What they DO

What they HEAR

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How do they FEEL?

- When I was... •
 - (Something transformational / an extraordinary incident happened) 0
- I realized...
 - Lesson learned 0
- At the heart of this is...
 - Core discovery
- I believe (optional)... •
 - Your core belief around what they struggle with
- I am a (type of coach you are) coach who helps... • • (short introduction of WHO you serve and WHAT problem you solve for them)
- And a possible Call To Action



Customer Script