## The Empowerment Dynamic



The victim to creator shift is key.

## The creator:

- Owns their own power to choose and respond
- · Focuses on outcomes
- Has an "I can do it" attitude

The *rescuer* to **coach** shift supports a healthy dynamic and helps empower the creator.

## The coach:

- · Supports and assists
- Facilitates clarity by asking questions
- "Great idea! How are you going to do it?"

The persecutor to challenger shift is sometimes hard to understand.

## The challenger:

- Suggests changes
- · Helps the creator to think about and refine their plan
- · Ensures expectations are clear
- "You can do it!"